

TALKING WITH YOUR DOCTOR ABOUT PROSTATE CANCER SCREENINGS

A little preparation can go a long way.



Bruce Ariens | Retired football coach and prostate cancer survivor

QUESTIONS YOU CAN ASK YOUR DOCTOR

- What's my risk for prostate cancer?
- What increases my risk for prostate cancer?
- How should my prostate cancer screening start?
- Should I get a prostate-specific antigen (PSA)* blood test?

POTENTIAL PROSTATE CANCER SIGNS/ SYMPTOMS TO LOOK OUT FOR

Let your doctor know if you've experienced any of the following:

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| <input type="checkbox"/> Abnormal or painful peeing | <input type="checkbox"/> Blood in your urine and/or semen |
| <input type="checkbox"/> Difficulty getting and/or keeping erections | <input type="checkbox"/> Pain in your back, pelvis, and/or hips |
| <input type="checkbox"/> Pain when ejaculating | <input type="checkbox"/> Sudden, unexpected weight loss |

FOLLOW-UP QUESTIONS YOU CAN ASK YOUR DOCTOR

- How long does it typically take to get PSA results?
- What does it mean if the PSA result is elevated (high)? Can it mean something besides prostate cancer?
- Will I need other tests to confirm if I have prostate cancer?
- How often will I need to be screened?

*PSA is a protein measured in the blood.