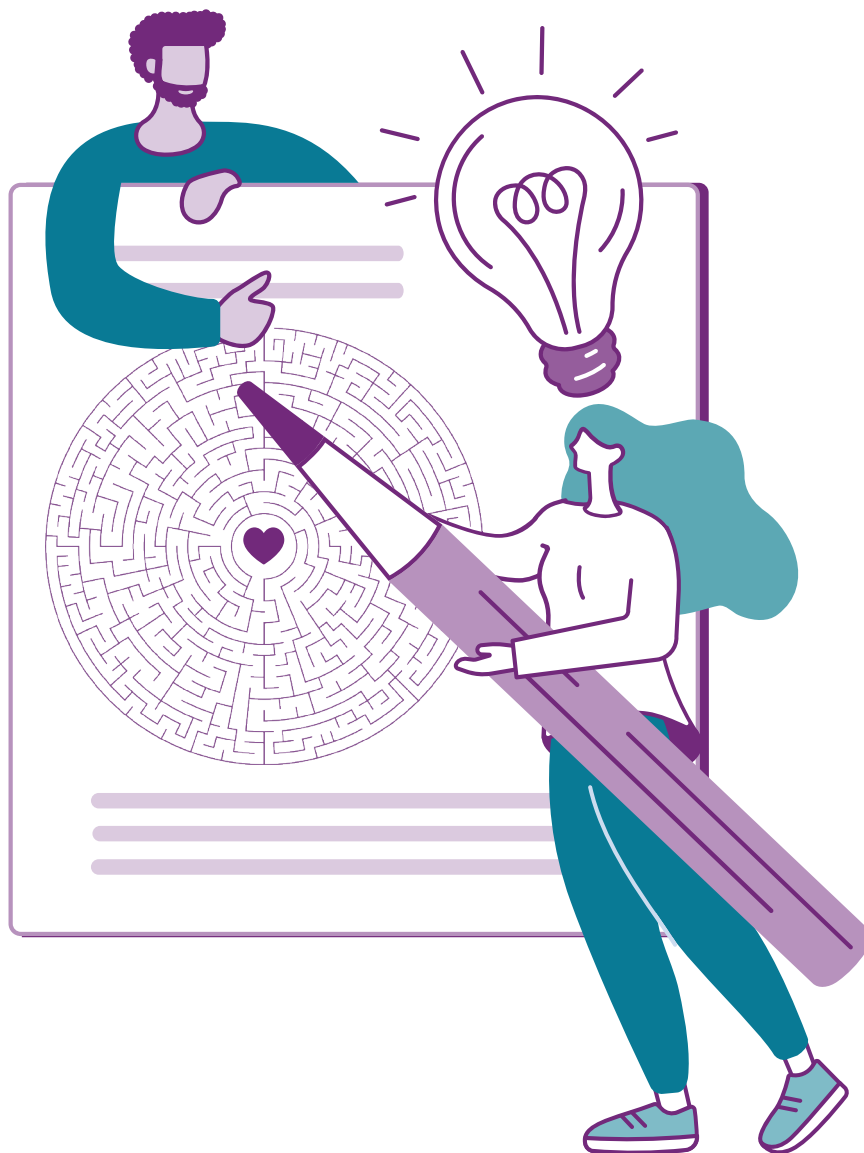


# Heart-Pumping Brain Teasers: **Picture Puzzles**



# Here's the Game Plan

They say a picture is worth a thousand words—and in the case of these puzzles—a little time too. Created to motivate you with, these fun activities to provide tips and reminders on ways to help keep bad cholesterol at bay, including:

- ☒ A healthy diet\*
- ☒ Regular exercise\*
- ☒ Adding LEQVIO to your diet and exercise†

\*Remember to talk to your doctor before making any lifestyle changes.


†If your doctor has decided LEQVIO is right for you.

**You've got this. Let's play!**



Here's a look at what's in this book:

- **Picture This (Rebuses)**
- **Food for Thought (Picture Equations)**
- **Where's Your Heart? (Image Find)**
- **Home Is Where the Heart Is (Maze)**

 **Try starting with a riddle:**  
The more you take, the more you leave behind. What are they?  
(Answer below)

**Riddle answer:** Footsteps. Try getting more in by walking the dog or parking farther away.

## IMPORTANT SAFETY INFORMATION

Do not use if you have had an allergic reaction to LEQVIO (inclisiran) or any of its ingredients. The most common side effects of LEQVIO were: injection site reaction (including pain, redness, and rash), joint pain, and chest cold.

These are not all the possible side effects of LEQVIO. Ask your health care provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

## What is LEQVIO?

LEQVIO is an injectable prescription medicine used along with diet and exercise to reduce low-density lipoprotein (LDL-C) or "bad" cholesterol in adults with high blood cholesterol levels called hypercholesterolemia (including a type of high cholesterol called heterozygous familial hypercholesterolemia [HeFH]).

Please click [here](#) for LEQVIO full Prescribing Information.

 **LEQVIO®**  
(inclisiran) injection  
284 mg/1.5 mL

# Picture This

Difficulty level:



## Instructions:

Each mini puzzle represents a common phrase.  
Try to decode each one!

Mill1on

---



Easy

---

Think



---

Somewhere



---



Go  
Go

---

Wish



---

## The Heart of the Matter

Sometimes, it's all about looking at the bigger picture. As you're on your treatment journey, obstacles may get in your way. But take a step back. Think about everything you've achieved to get to where you are now. And then, give yourself a pat on the back.



### Riddle me this:

Take one out and scratch my head, I am now black but once was red. What am I?  
(Answer below)

**Riddle answer:** A match, a little like you and your doctor.

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# Food for Thought

Difficulty level:



## Instructions:

Determine what value each fruit represents in the examples and solve each equation!

$$\text{Apple} + \text{Apple} + \text{Apple} = 9$$

$$\text{Apple} + \text{Pear} + \text{Pear} = 5$$

$$\text{Pear} + \text{Strawberry} + \text{Strawberry} = 15$$

$$\text{Apple} + \text{Pear} + \text{Strawberry} = \underline{\hspace{2cm}}$$

$$\text{Apple} + \text{Apple} + \text{Apple} = 60$$

$$\text{Apple} + \text{Pear} + \text{Pear} = 30$$

$$\text{Pear} - \text{Cherry} = 3$$

$$\text{Cherry} + (\text{Apple} \times \text{Pear}) = \underline{\hspace{2cm}}$$



$$\text{Pear} + \text{Pear} = \text{Pineapple}$$

$$\text{Cherry} + \text{Pineapple} - 5 = 50$$

$$\text{Cherry} \div \text{Apple} = 3$$

$$\text{Apple} \times \text{Strawberry} = \text{Pineapple} + 1$$

$$\text{Apple} + 3 = 10$$

$$(\text{Pear} - \text{Strawberry}) \div 4 = \underline{\hspace{2cm}}$$

## The Heart of the Matter

After an event, it's important to keep your heart happy and your cholesterol low. Eating a variety of fruits and veggies adds up to a healthy diet that'll help you as you continue your treatment plan. Need a little help? Ask your doctor for tips on how to switch up your diet.



### Riddle me this:

What is full of holes but still holds water?  
(Answer below)

**Riddle answer:** A Sponge. Always a good idea to stay active and hydrated.

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# Answer Key

## Picture This

<p><b>Mill1on</b></p> <p><u>One in a million</u></p>	<p><b>Somewhere</b></p>  <p><u>Somewhere over the rainbow</u></p>
 <p><b>Easy</b></p> <p><u>Egg over easy</u></p>	 <p><b>Go Go</b></p> <p><u>Time to go</u></p>
<p><b>Think</b></p>  <p><u>Think out of the box</u></p>	<p><b>Wish</b></p>  <p><u>Wish upon a star</u></p>

## Food for Thought

<p><b>Food value</b></p> <p> = 3</p> <p> = 1</p> <p> = 7</p>	<p> +  +  = 9</p> <p> +  +  = 5</p> <p> +  +  = 15</p> <p> +  +  = <u>11</u></p>
<p><b>Food value</b></p> <p> = 20</p> <p> = 5</p> <p> = 2</p>	<p> +  +  = 60</p> <p> +  +  = 30</p> <p> -  = 3</p> <p> + ( × ) = <u>102</u></p>
<p><b>Food value</b></p> <p> = 17</p> <p> = 34</p> <p> = 21</p> <p> = 7</p> <p> = 5</p>	<p> +  = </p> <p> +  - 5 = 50</p> <p> ÷  = 3</p> <p> ×  =  + 1</p> <p> + 3 = 10</p> <p>( - ) ÷ 4 = <u>3</u></p>

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# Where's Your Heart?

Difficulty level:



## Instructions:

There are 8 hearts hidden in this picture.  
Try to find them all!



## The Heart of the Matter

You can find ways to make your heart happy all over the place. Cheer it up with a healthy serving of veggies, exercising in the park, or by asking your doctor how LEQVIO works to help keep your cholesterol low.



## Riddle me this:

What has 10 letters and starts with gas?  
(Answer below)

**Riddle answer:** An automobile, which is one way to make sure you get to your scheduled appointments on time.

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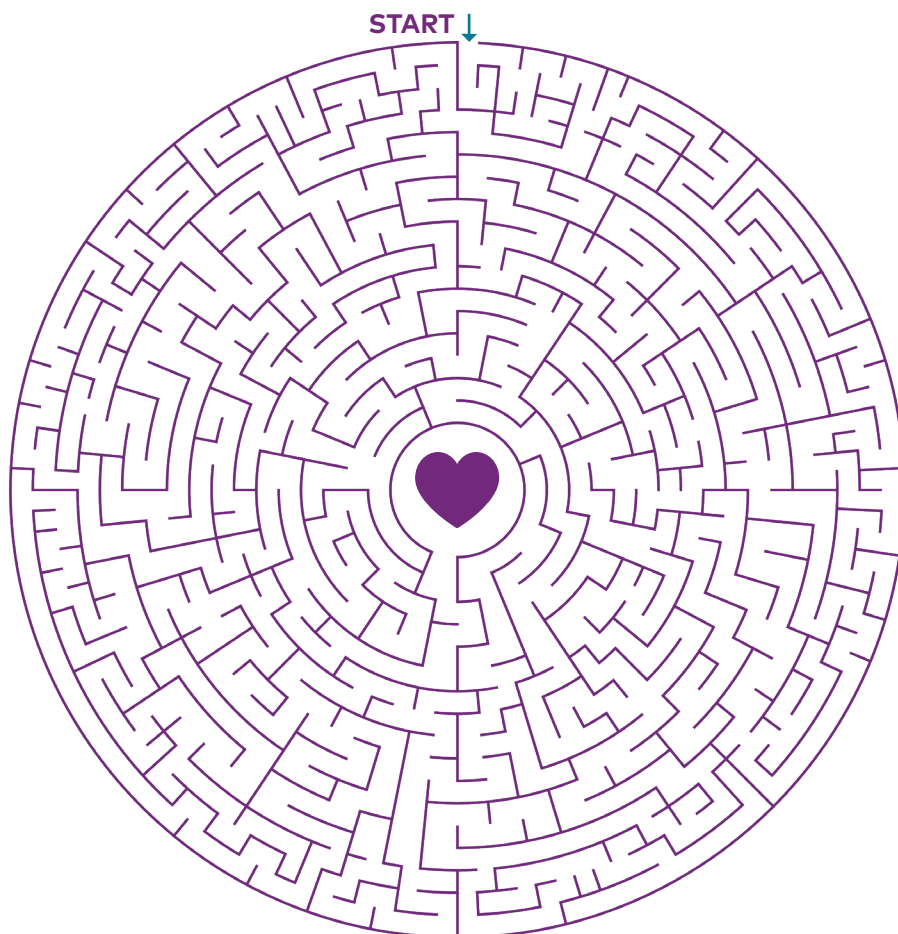
# Home Is Where the Heart Is

Difficulty level:



## Instructions:

Take a pencil and draw your way to the heart in a continuous line.



## The Heart of the Matter

What's the path to lower bad cholesterol? Sticking with your treatment plan even when life gets in the way. Ask your doctor about LEQVIO.



## Riddle me this:

What runs, but never walks.  
Murmurs, but never talks. Has  
a bed, but never sleeps. And  
has a mouth, but never eats?  
(Answer below)

**Riddle answer:** A river. Make sure you take some time to enjoy the great outdoors!

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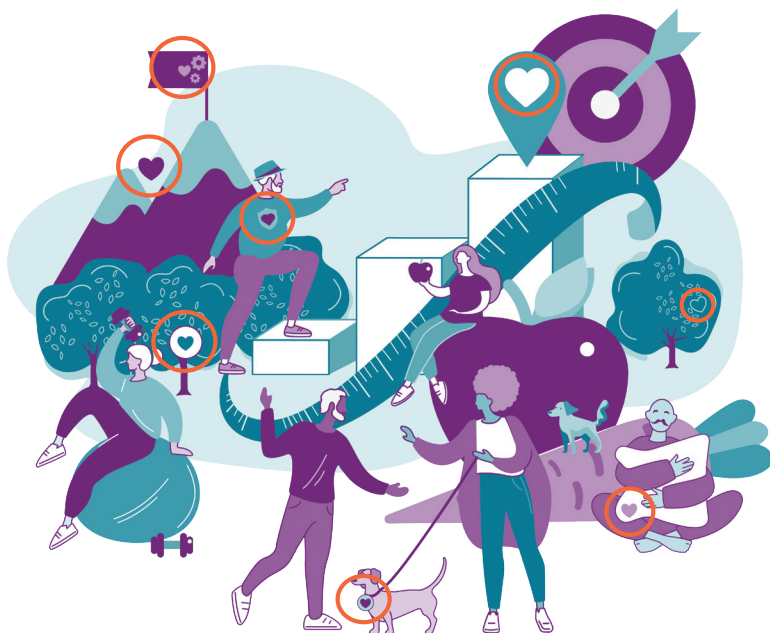


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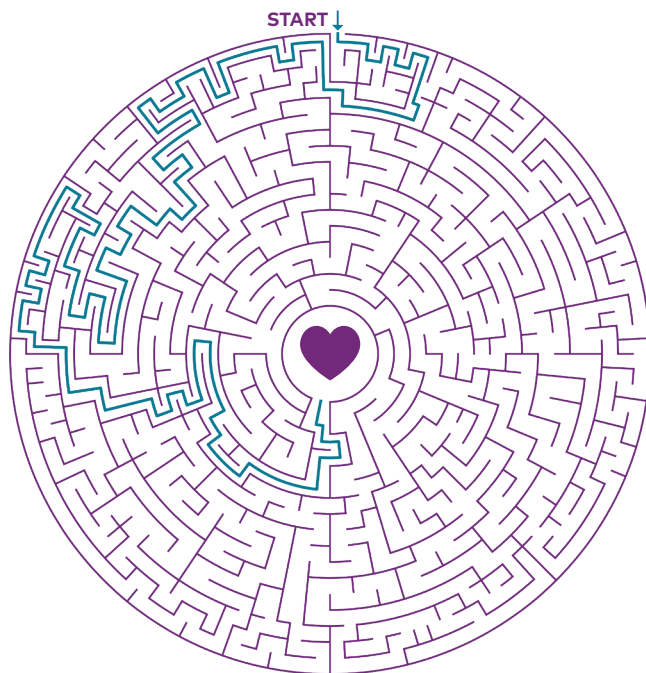


# Answer Key

## Where's Your Heart?



## Home Is Where the Heart Is



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